

KENTUCKY BOARD OF NURSING
312 Whittington Parkway, Suite 300
Louisville, Kentucky 40222-5172
<http://kbn.ky.gov>

ADVISORY OPINION STATEMENT

SCHOOL NURSING PRACTICE

Introduction

The Kentucky Board of Nursing is authorized by Kentucky Revised Statutes (KRS) Chapter 314 to regulate nurses, nursing education and practice, and to issue advisory opinions on nursing practice, in order to assure that safe and effective nursing care is provided by nurses to the citizens of the Commonwealth.

The Kentucky Board of Nursing issues advisory opinions as to what constitutes safe nursing practice. As such, an opinion is not a regulation of the Board and does not have the force and effect of law. It is issued as a guidepost to licensees who wish to engage in safe nursing practice.

Accountability and Responsibility of Nurses

KRS 314.021(2) holds nurses individually responsible and accountable for rendering safe, effective nursing care and for judgments exercised and actions taken in the course of providing care.

KRS 314.021(2) imposes individual responsibility upon nurses. Acts that are within the legal scope of practice may be performed only by those licensees who possess the education and skill proficiency to perform those acts in a safe, competent manner.

Nursing practice should be consistent with the *Kentucky Nursing Laws*, established standards of practice, and be evidence based.

School Health Nursing Services

The Board has received multiple inquiries on the role, utilization, and scope of practice for the advanced registered nurse practitioner (ARNP) designated nurse practitioner or clinical specialist, registered nurse, and licensed practical nurse who provide school health-nursing services.

The primary mission of the Kentucky Board of Nursing is to ensure public protection and, in this capacity, the Board is concerned with the appropriate utilization of both licensed and unlicensed personnel who provide healthcare to students and in this role issues guidelines regarding the delivery of care in educational settings to ensure the health and safety of students.

As stated in the American Nurses' Association "Scope and Standards of School Nursing Practice" (2001) and the "Scope and Standards of College Health Nursing Practice" (1997)¹:

The purpose of school nursing is to enhance the educational process by the modification or removal of health-related barriers to learning and by promotion of an optimal level of wellness.

¹ The "Scope and Standards of Professional School Nursing Practice" and "Scope and Standards of College Health Nursing Practice" may be obtained from the American Nurses' Association. Additional information on school nursing may be obtained from the National Association of School Nurses, Inc.

Effective July 15, 2002, KRS 156.501 established provisions for the Department of Education to provide leadership and assistance to local school districts relating to student health services. The Department, working in cooperation with the Department of Public Health, is required to establish standardized protocols and guidelines for health procedures to be performed by health professionals and school personnel. The protocols and guidelines shall include, in part, the delegation of nursing functions consistent with administrative regulations promulgated by the Kentucky Board of Nursing. (Ref: 201 KAR 20:400 Delegation of nursing tasks). The statute created a registered nurse school consultant position within the Department of Education.

Effective July 15, 2002, KRS 156.502 established a definition of "health services" and established provisions for who shall provide health services in schools. Persons who provide health services include: physicians, advanced registered nurse practitioners (ARNP), registered nurses, and licensed practical nurses. In addition, school employees who are delegated responsibility to perform health services by a physician, ARNP, or registered nurse may perform only select services in specific situations.

Advisory Opinion

After review of the statutes governing nursing practice, curricula of prelicensure and continuing education nursing programs, standards of nursing practice, and study of the issues and concerns regarding school health nursing practice, the Kentucky Board of Nursing issued this advisory opinion statement.

I. Advanced Registered Nursing Practice

It is within the scope of the advanced registered nurse practitioner (ARNP), designated nurse practitioner or clinical nurse specialist, to provide primary healthcare services to students in accordance with 201 KAR 20:057 Scope and standards of practice of ARNPs. The ARNP may also perform acts within the scope of registered nursing practice.

II. Registered Nursing Practice

It is within the scope of registered nursing practice for a registered nurse, qualified by education, experience, and current clinical competence to provide school health services/acts including but not limited to the following:

- A. Utilize substantial, specialized nursing knowledge, judgment and skill in providing primary healthcare to students including "... initial assessment, management of minor illness and/or referral to other health professionals, monitoring of chronic diseases, health supervision, counseling, promotion of healthy life-styles, disease prevention, and the coordination of services when specialized care is required." (National Association of School Nurses, Resolution--Primary Health Care, June 1981.)
- B. Serve as a health advocate of students, and a consultant to educational staff.
- C. Serve in family resource and youth services centers as defined in KRS 156.497.
- D. Provide health teaching with a focus on disease prevention, health promotion, and health restoration.
- E. Monitor the quality of the healthcare services provided for students.

- F. Provide direct clinical services for students with special needs and/or teach and verify competency, supervise and delegate [as defined in KRS 314.011(2)] the performance of select acts to unlicensed school personnel in accordance with the administrative regulation 201 KAR 20:400 governing delegation of nursing tasks to unlicensed persons.
- G. Participate in the development of policies and procedures to guide nursing practice in school settings, and to address expanding school health services to students, families and communities.
- H. Delegate select health services to a school employee in accordance with KRS 156.502 and 201 KAR 20:400.

III. Licensed Practical Nursing Practice²

KRS 314.011(10) defines licensed practical nursing practice. By definition, licensed practical nurses practice under the direction of a registered nurse, physician, or dentist and are not licensed for independent nursing practice. The Board recognizes the participation of the licensed practical nurse in school nursing practice when the LPN is qualified by education, experience and current clinical competency and practices under the direction and delegation of a designated registered nurse, physician, or when applicable, a dentist. The licensed practical nurse performs acts within the scope of licensed practical nursing practice as defined in KRS 314.011 (10); however, under KRS 156.502 (2) the LPN does not delegate the performance of health services to school employees.

Delegatory Decisions

A registered nurse who makes delegatory decisions regarding the performance of acts/tasks by others is governed by 201 KAR 20:400 Delegation of nursing tasks (An informational copy of the regulation may be purchased from the Board office or downloaded from the KBN website at <http://kbn.ky.gov>). In summary, delegation should occur only if, in the professional opinion of the delegating nurse, the act may be properly and safely performed by the person to whom the act is delegated.

Determining Scope of Practice

KRS 314.021(2) holds all nurses individually responsible and accountable for the individual's acts based upon the nurse's education and experience. Each nurse must exercise professional and prudent judgment in determining whether the performance of a given act is within the scope of practice for which the nurse is both licensed and clinically competent to perform. In addition to this advisory opinion statement, the Kentucky Board of Nursing has published "Scope of Practice Determination Guidelines" which contains a decision tree chart providing guidance to nurses in determining whether a selected act is within an individual nurse's scope of practice now or in the future. A copy of the guidelines may be purchased from the Board office or downloaded from the KBN website at <http://kbn.ky.us>.

Educational Preparation

Nurses are responsible for having documented evidence of adequate educational and experiential preparation to provide school nursing in a safe, effective manner. Such educational preparation should be acquired in an approved prelicensure education program or via

² For additional information please refer to the Advisory Opinion Statement #27 entitled "Components of Licensed Practical Nursing Practice."

successful completion of an applicable continuing education program(s). Post registered nurse licensure programs are available which offer curricula preparing nurses for school nursing practice.

The Board recognizes the value and necessity of prelicensure education in community health nursing for nurses who provide school health services; community health nursing curriculum is included in baccalaureate degree registered nursing education programs. Post registered nurse licensure programs are available which offer curricula preparing school nurse practitioners.

Applicable Statutes From the *Kentucky Nursing Laws*³

KRS 314.011(8) defines "advanced registered nursing practice" as:

... The performance of additional acts by registered nurses who have gained added knowledge and skills through an organized postbasic program of study and clinical experience and who are certified by the American Nurses' Association or other nationally established organizations or agencies recognized by the board to certify registered nurses for advanced nursing practice. The additional acts shall, subject to approval of the board, include, but not be limited to, prescribing treatment, drugs, devices, and ordering diagnostic tests. Advanced registered nurse practitioners who engage in these additional acts shall be authorized to issue prescriptions for and dispense nonscheduled legend drugs as defined in KRS 217.905, under the conditions set forth in KRS 314.042. Nothing in this chapter shall be construed as requiring an advanced registered nurse practitioner designated by the board as a nurse anesthetist to obtain prescriptive authority pursuant to this chapter or any other provision of law in order to deliver anesthesia care. The performance of these additional acts shall be consistent with the certifying organization or agencies' scopes and standards of practice recognized by the board by administrative regulation.

KRS 314.011(6) defines "registered nursing practice" as:

...The performance of acts requiring substantial specialized knowledge, judgment, and nursing skill based upon the principles of psychological, biological, physical, and social sciences in the application of the nursing process in:

- a) The care, counsel, and health teaching of the ill, injured or infirm.
- b) The maintenance of health or prevention of illness of others.
- c) The administration of medication and treatment as prescribed by physician, physician assistant, dentist, or advanced registered nurse practitioner and as further authorized or limited by the board, and which are consistent either with American Nurses' Association Standards of Practice or with Standards of Practice established by nationally accepted organizations of registered nurses. Components of medication administration include, but are not limited to:
 1. Preparing and giving medication in the prescribed dosage, route, and frequency, including dispensing medications only as defined in subsection (17)(b) of this section;
 2. Observing, recording, and reporting desired effects, untoward reactions, and side effects of drug therapy;
 3. Intervening when emergency care is required as a result of drug therapy;
 4. Recognizing accepted prescribing limits and reporting deviations to the prescribing individual;
 5. Recognizing drug incompatibilities and reporting interactions or potential interactions to the prescribing individual; and
 6. Instructing an individual regarding medications.
- d) The supervision, teaching of, and delegation to other personnel in the performance of activities relating to nursing care.

³ A copy of the *Kentucky Nursing Laws* may be purchased from the Kentucky Board of Nursing office.

- e) The performance of other nursing acts which are authorized or limited by the board, and which are consistent either with American Nurses' Association Standards of Practice or with Standards of Practice established by nationally accepted organizations of registered nurses.

KRS 314.011(10) defines "licensed practical nursing practice" as:

...The performance of acts requiring knowledge and skill such as are taught or acquired in approved schools for practical nursing in:

- a) The observing and caring for the ill, injured, or infirm under the direction of a registered nurse, a licensed physician, or dentist.
- b) The giving of counsel and applying procedures to safeguard life and health, as defined and authorized by the board.
- c) The administration of medication or treatment as authorized by a physician, physician assistant, dentist, or advanced registered nurse practitioner and as further authorized or limited by the board which is consistent with the National Federation of Licensed Practical Nurses or with Standards of Practice established by nationally accepted organizations of licensed practical nurses.
- d) Teaching, supervising, and delegating except as limited by the board.
- e) The performance of other nursing acts which are authorized or limited by the board and which are consistent with the National Federation of Licensed Practical Nurses' Standards of Practice or with Standards of Practice established by nationally accepted organizations of licensed practical nurses.

KRS 314.011(13) defines "nursing assistance" as:

... The performance of delegated nursing acts by unlicensed nursing personnel for compensation under supervision of a nurse.

KRS 314.021(2) states:

All individuals licensed under provisions of this chapter shall be responsible and accountable for making decisions that are based upon the individuals' educational preparation and experience in nursing.

KRS 314.011(2) defines "delegation" as:

... Directing a competent person to perform a selected nursing activity or task in a selected situation under the nurse's supervision and pursuant to administrative regulations promulgated by the board in accordance with the provisions of KRS Chapter 13A.

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